



First, watch  
this week's  
video!



**Faith: Trusting in  
what you can't  
see because of  
what you  
can see**

### Memory Verse

"Faith is being sure of  
what we hope for. It  
is being sure of what  
we do not see"  
Hebrews 11:1, NIV

### Bible Story

Ananias Helps Paul  
Acts 9:10-31

### Key Question

When have you  
faced a fear?

Use this guide to help your  
family learn about faith.

## Activity

### Finding Phobias

#### What You Need:

Internet access

#### What You Do:

Invite your child to do an activity with you. Tell them that you're going to name a phobia (extreme fear) that some people have. Ask your child to guess what the phobia might be . . . then look up the word to see what it really is.

Arachnophobia	Fear of spiders
Ailurophobia	Fear of cats
Entomophobia	Fear of insects
Kathisophobia	Fear of sitting down
Megalophobia	Fear of large things
Nyctophobia	Fear of the night
Oneirophobia	Fear of dreams
Rupophobia	Fear of dirt
Sesquipedalophobia	Fear of long words

When you're finished, say, "Some of those fears might seem strange, but they were also very REAL. We're all afraid of something. Some fears feel bigger than others. Maybe thunder and lightning scared you when you were little, but not as much now—or maybe they still scare you just as much. Whatever our fears might be, we can remember that God is always greater than whatever we're afraid of . . . and God is always with us."

## Talk About the Bible Story

In our story today, what—or who—did Ananias fear?  
(Saul)

Do you think fear can be a good thing? Explain.

What is one fear you wish you didn't have? How might God help you face that fear?

If someone is scared or nervous, does that mean they don't have faith?

How can the following characteristics of God change how you view your fears?

- God is all-powerful.
- God loves us no matter what.
- God is always with us.
- God has a plan for every person ever born.
- God hears our prayers.
- God's story of love for all humankind is seen through the Bible.

*Parent: Talk about a time when God helped you face your fears. Try to think of a time when God helped you do what was right, even though it was scary.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, it's so cool to see how you helped Ananias to face his fears . . . and then Ananias was able to help Saul see again. Please help us to trust You when we feel afraid. Thank You for always being bigger, stronger, closer, and greater than anything we fear. We love You, and we pray these things in Jesus' name. Amen."